



**MINT**<sup>TM</sup>  
**memory clinic**  
*collaborative primary care*

MINT Memory Clinics integrate local family practice healthcare providers with geriatric specialists and community services. We are meeting the quadruple aim of improving health outcomes and patient and provider experience while lowering costs.

[Learn more at mintmemory.ca](http://mintmemory.ca)

# Better dementia care for patients and caregivers

## Delivering faster access to care\*



### Nearly 50% reduction in wait times

Average of 7 weeks to access MINT Memory clinics, compared to 13 weeks to access specialist clinics



### 90% of patients

are able to have all memory care needs met by their local MINT Memory Clinic team



### Less than 10% specialist referral rate

compared to 105% referral rate in non-MINT memory clinics



### Reduced need for travel

MINT Memory Clinic patients and families receive care and support within their own community

## Improving patient outcomes\*



**Fewer and shorter** emergency department visits and hospitalizations



Delay entering Long Term Care by an average of **6 months**

## Lowering the cost of care\*



**Nearly \$26K in annual savings** for every patient managed by a MINT Memory Clinic



### 38% reduction in cost per day

throughout a patient's dementia care journey, including hospital visits, specialty care, home care and long-term care

### 50% reduction in costs

for hospitalization and emergency room visits

## Improving patient and caregiver experience



**96% of patient and caregivers** would recommend MINT Memory Clinics<sup>†</sup>



*"Invaluable for patients and caregivers"*

*"Having the support to get through this is immense"*

*"I would not have been able to keep him home that long without their support"*

*"Everything they are doing is ahead of the curve"*

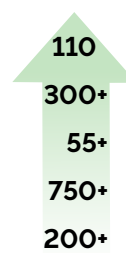


## Supporting healthcare providers and building capacity

**1,200+** healthcare providers have benefited from MINT's nationally accredited dementia care training program—the only one of its kind in Canada

**95%** of healthcare providers feel that MINT's nationally accredited training program enhances their practice related to cognitive impairment<sup>‡</sup>

**90%** adoption rate of MINT Memory Clinic model\*



**110** MINT Memory Clinics

**300+** family physicians

**55+** specialists

**750+** nurses and interprofessional health care providers

**200+** community service providers

\* 2019 data from an independent evaluative study of the MINT Memory Clinic model commissioned by the Ontario Ministry of Health and Long Term Care

† 2018 data from Adopting Research to Improve Care spread initiative of MINT Memory Clinics

‡ Lee, L., et al. Developing Memory Clinics in primary care: An evidence-based interprofessional program of continuing professional development. J Contin Educ Health Prof. 2013;33(1): 24-32.